

**XPS** network

**Complete software solution for  
clubs, coaches and athletes.**



[www.sidelinesports.com](http://www.sidelinesports.com)





# Everything in one place.

XPS Network is the one-stop-shop for clubs, organisations and sports academies



Planning



Monitoring



Analysis



Tactics



Communication



Evaluations

Team Sports



Individual Sports



Esports



Sports Associations



**Flexibility is our strength.**



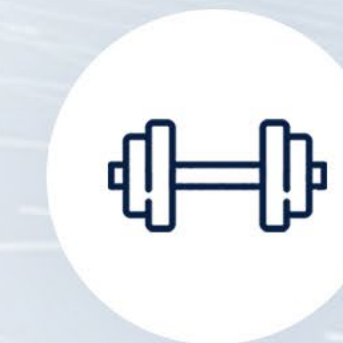
Coaching Education



S&C and  
Performance  
Coaches



Sports  
Academies  
& Schools



Personal Coaches

Calendar

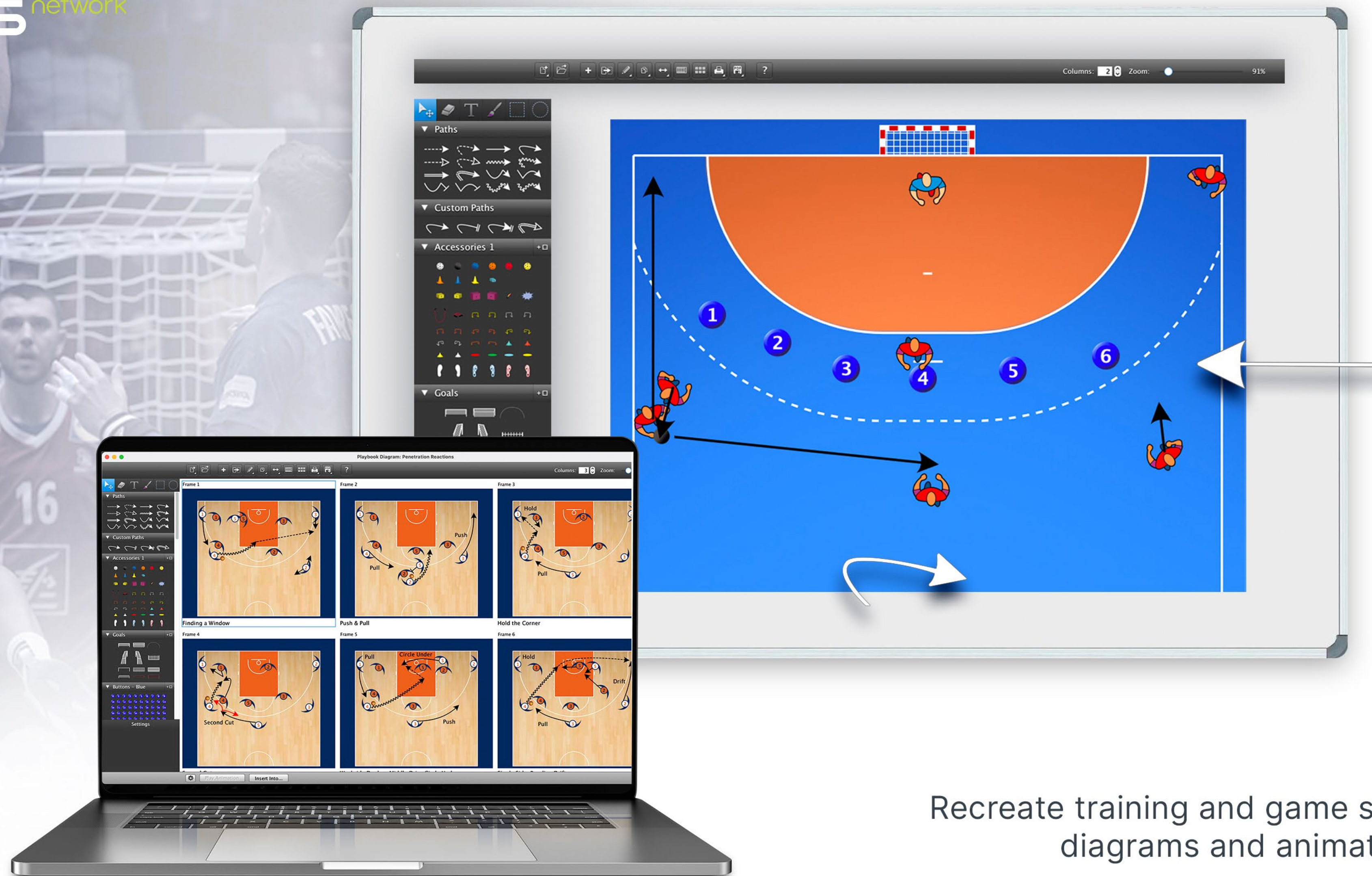
Collections

# Planning

Build and plan team and individual programmes and sessions with ease.

Session Planner



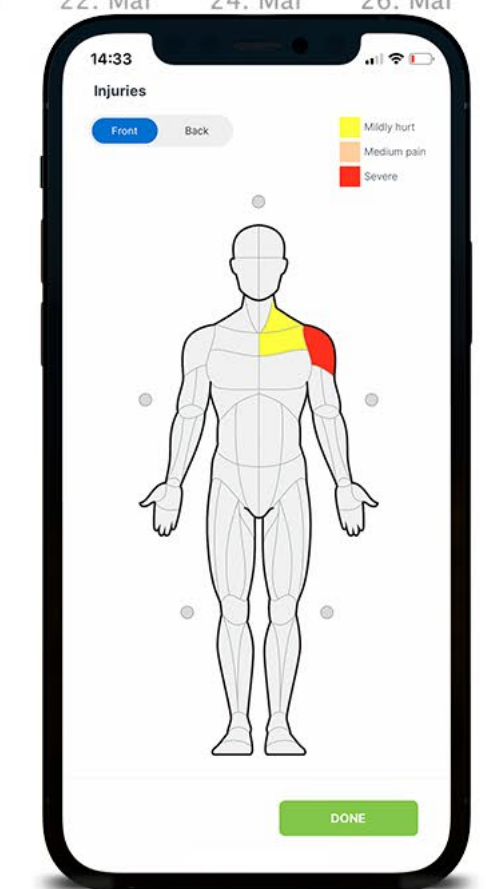
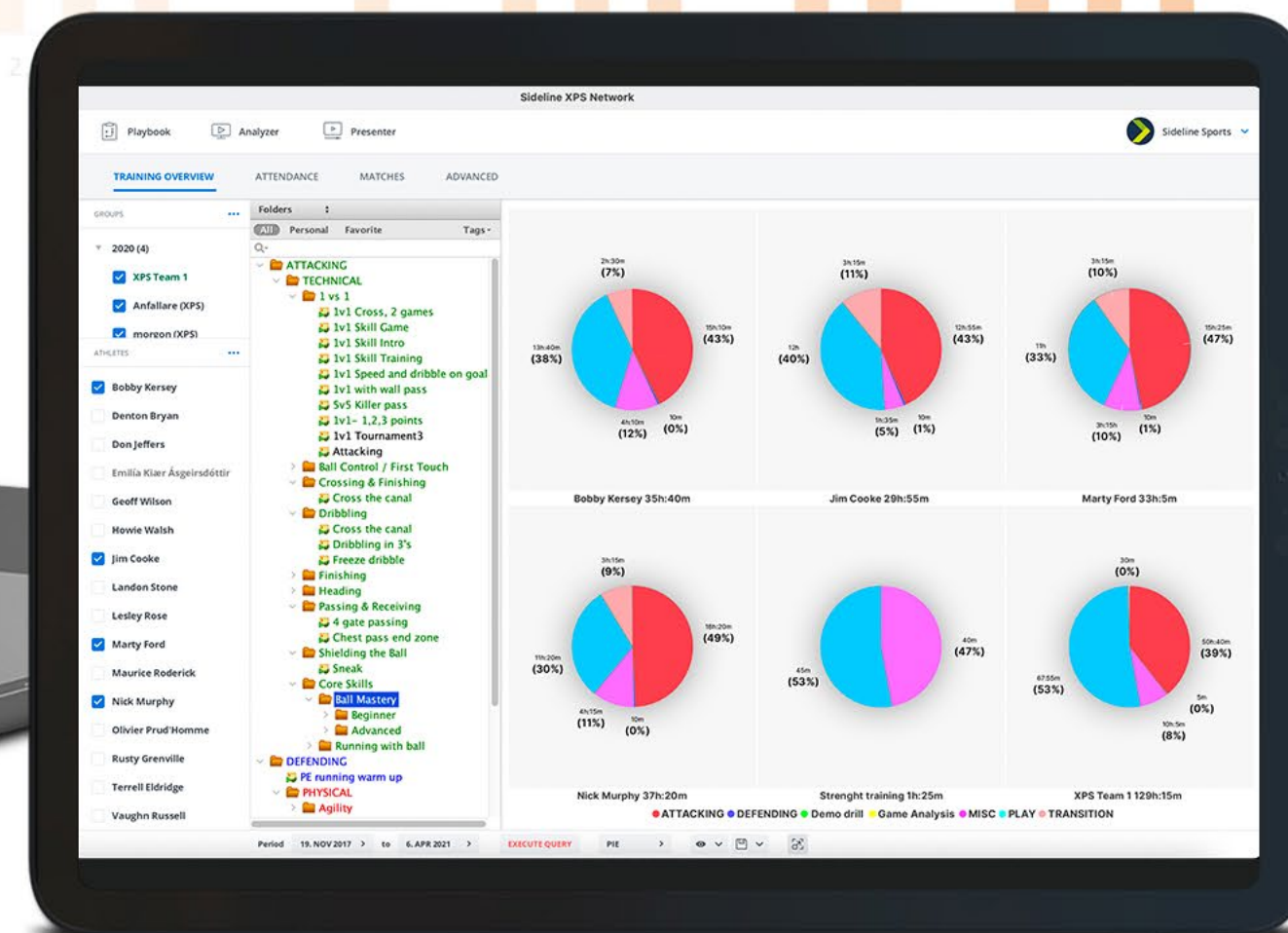
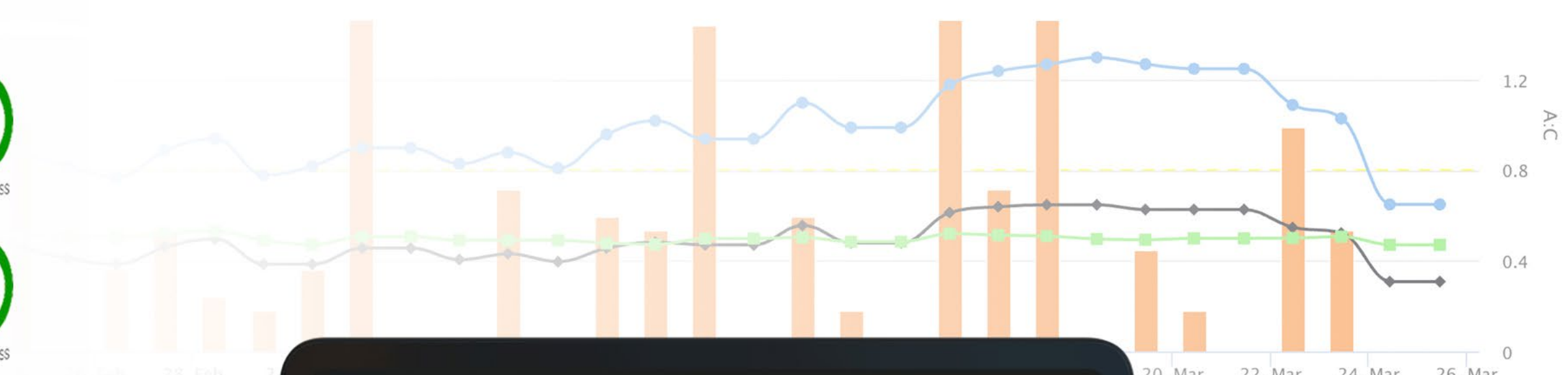


## Tactics

Recreate training and game situations through diagrams and animations in Playbook.

# Monitoring

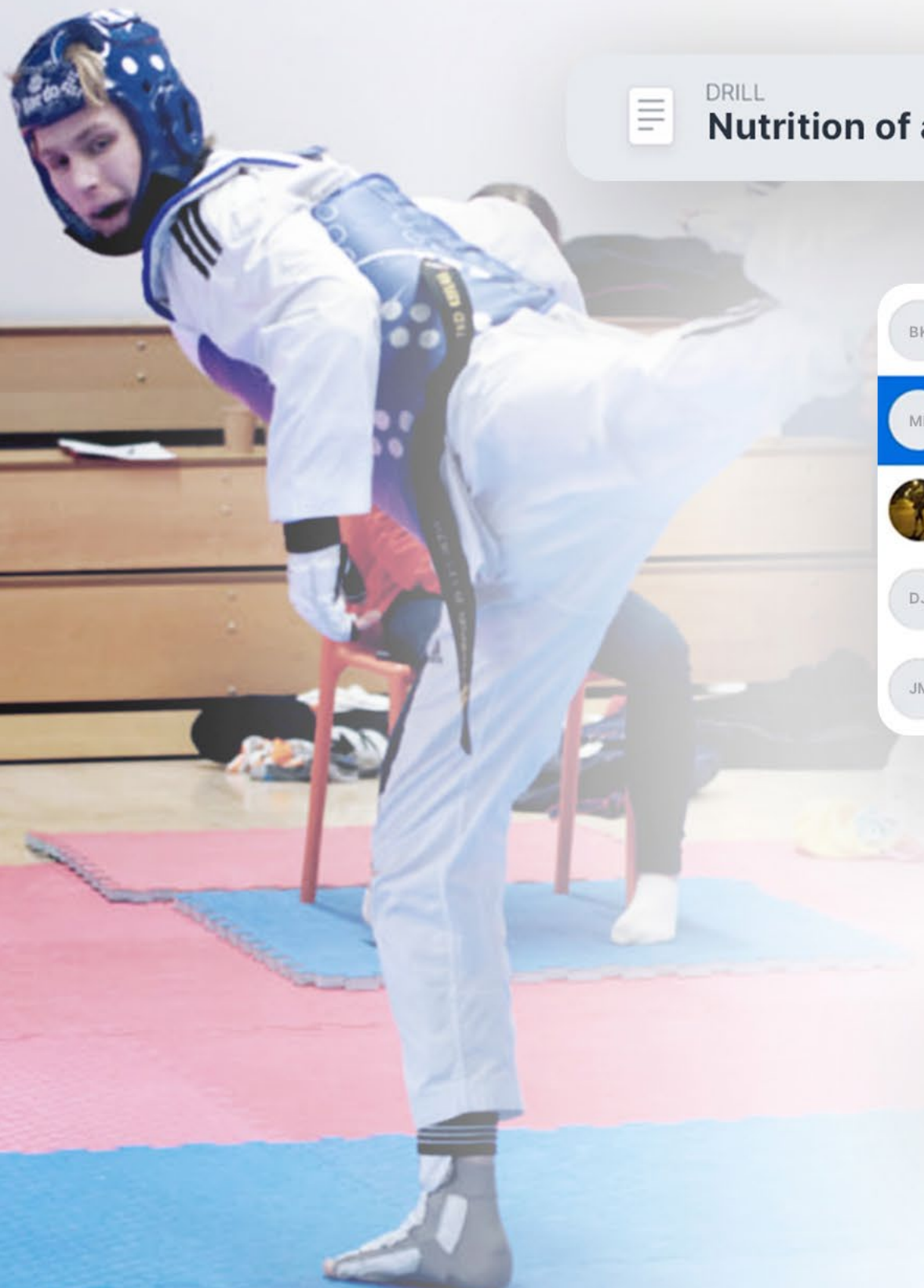
Monitor readiness, wellness and training load. Make data-driven coaching decisions.





## Analysis

Analyze your performance in training and matches. Generate high levels of accountability and feedback.



Messages 1

Coach

XPS NETWORK now  
Message  
From Nick Murphy  
Will do, coach!

Hi, check out the Saturday game analysis before today's training. Coach

DRILL  
Game Analysis

Hi guys! Today's meeting is postponed to 7pm!

Will do, coach!

You can find the July pre-season plan in your agenda!

Hi kids, let me know if you can make it to Sunday's game in the match attendance.

OK! Thanks.

Type your message...

DRILL  
Nutrition of a top athlete

- Bobby Kersey  
Ok
- Marty Ford  
So tomorrow!
- Denton Bryan  
Game 7 Analysis
- Don Jeffers  
You: Nice!
- Jim Cooke  
Your readiness forms are set for 7:30am each morning!

Hi guys! Today's meeting is postponed to 7pm!

# Communication

Keep all communication with coaches and athletes in one place.

Hey! 📅 ⚽



# Collections

Create your lifetime of coaching observation.

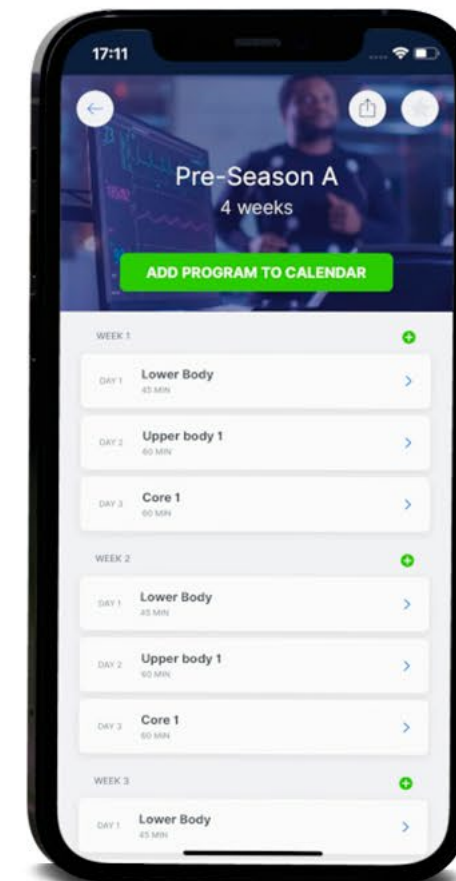
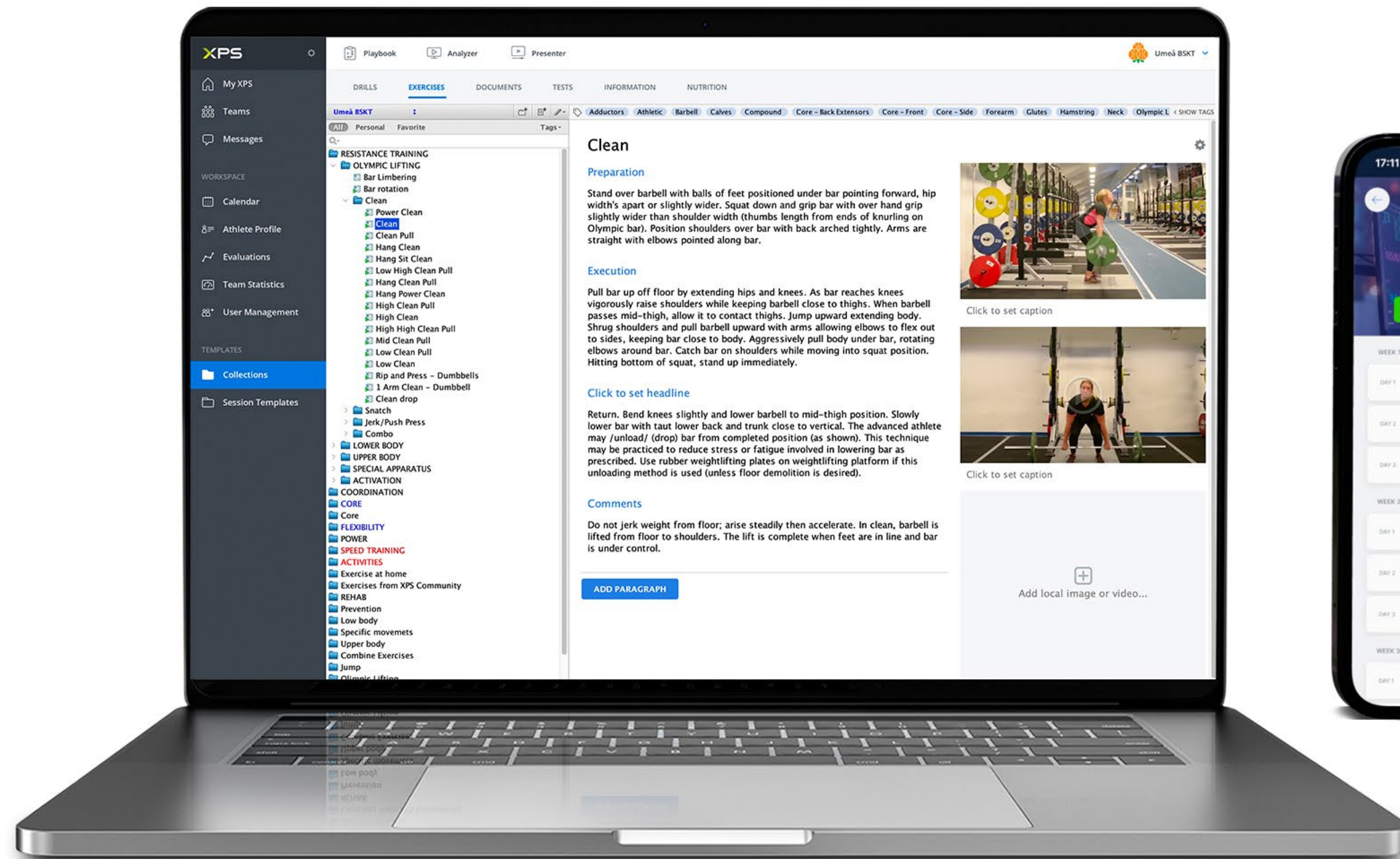
This screenshot shows the XPS software interface with a document titled "Mix Drills" open. The left sidebar contains navigation options like "My XPS", "Teams", "Messages", "Workspace", "Calendar", "Athlete Profile", "Evaluations", "Team Statistics", "User Management", "Templates", "Collections", and "Session Templates". The main content area includes a "Table of Contents" with sections like "Why is mixing effective?", "How to organize and what to consider.", "Camp series video explanation and demonstrations of mix drills.", "PDF download list of possible mix drills.", and "Additional related videos.". Below this is a "Why is Mixing Effective?" section with text explaining contextual interference and its benefits for learning. A "ADD PARAGRAPH" button is visible at the bottom.

This screenshot shows the XPS software interface with a document titled "1:1 + ta beslut I" open. The left sidebar is similar to the previous screenshot. The main content area features a "FOCUS: Decision making" section, followed by a "NOTE" and "RULES" section. The "RULES" section includes three "UPGRADE" steps: "UPGRADE 1: Put a cone in the middle...", "UPGRADE 2: Put 2 chairs into space...", and "UPGRADE 3: Put different 2 chairs...". A "HUNDREDS OF UPGRADES" section follows. A "ADD PARAGRAPH" button is located at the bottom.

This screenshot shows the XPS software interface with a document titled "7v7 Breaking Lines" open. The left sidebar is similar to the previous screenshots. The main content area includes an "Organisation" section with text: "4v4 centrally, players must stick to their zones. Two attacking players in the attacking zones vs one defender. Defenders must stay to the side of the goal before the ball is played in. 4 seconds to score a goal once it has reached the two end zones." Below this is a "Coaching Points" section with bullet points: "Width and depth to create gaps in the opposition.", "Awareness before receiving the ball to identify line breaks.", "First touch forward to be positive.", and "Body positioning and starting positioning to receive the ball." A "Variations" section follows with: "Half way line zone in the first stage.", "Removal of half way line and play a 4v4 in the central area.", and "More or less defenders/attackers in the end zone." A diagram of a basketball court with colored dots representing players is shown on the right. A "Click to set caption" prompt is at the bottom.

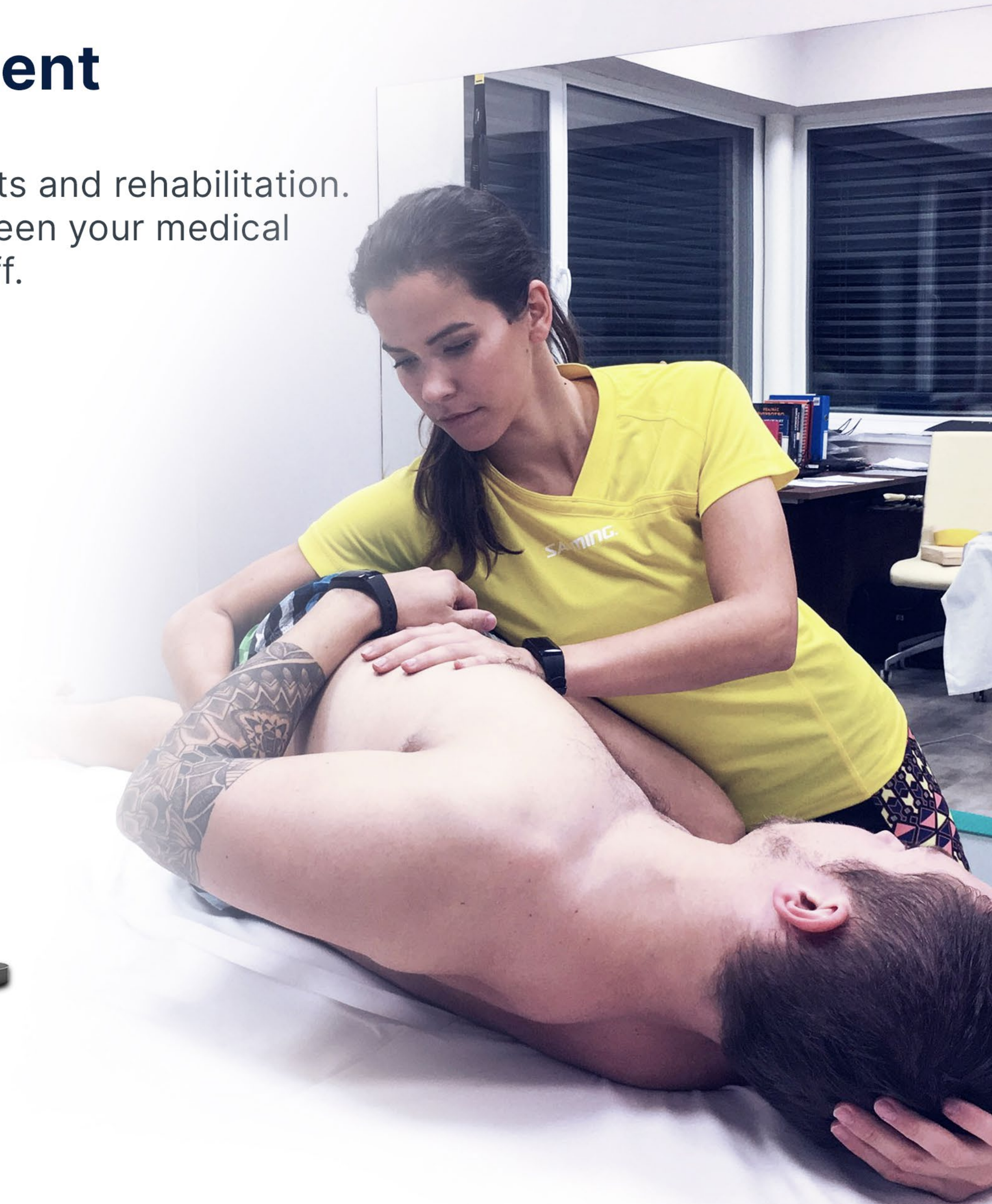
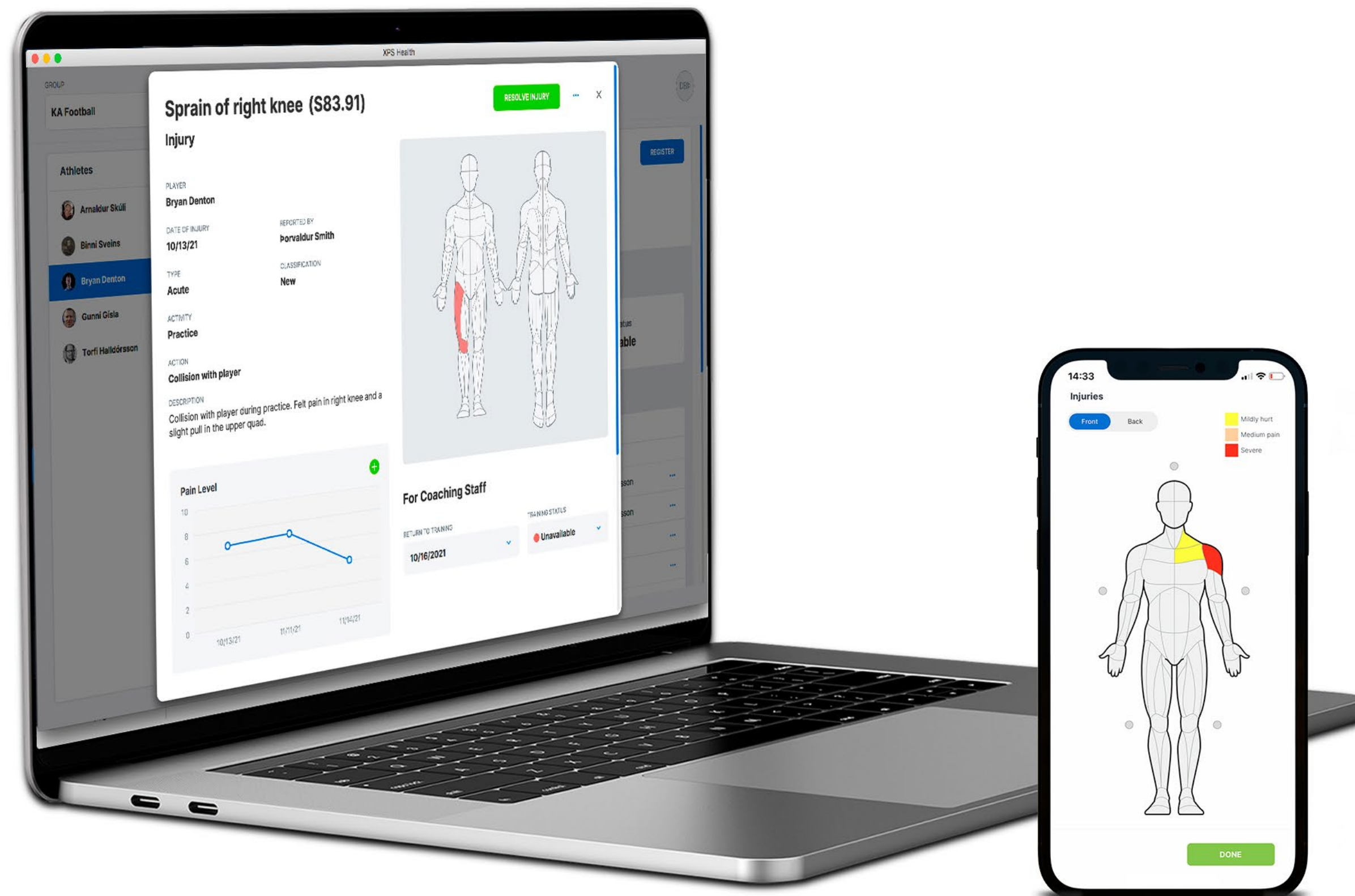
# Strength & Conditioning

Video library with thousands of exercises.  
Get instant feedback on your athlete's progress.



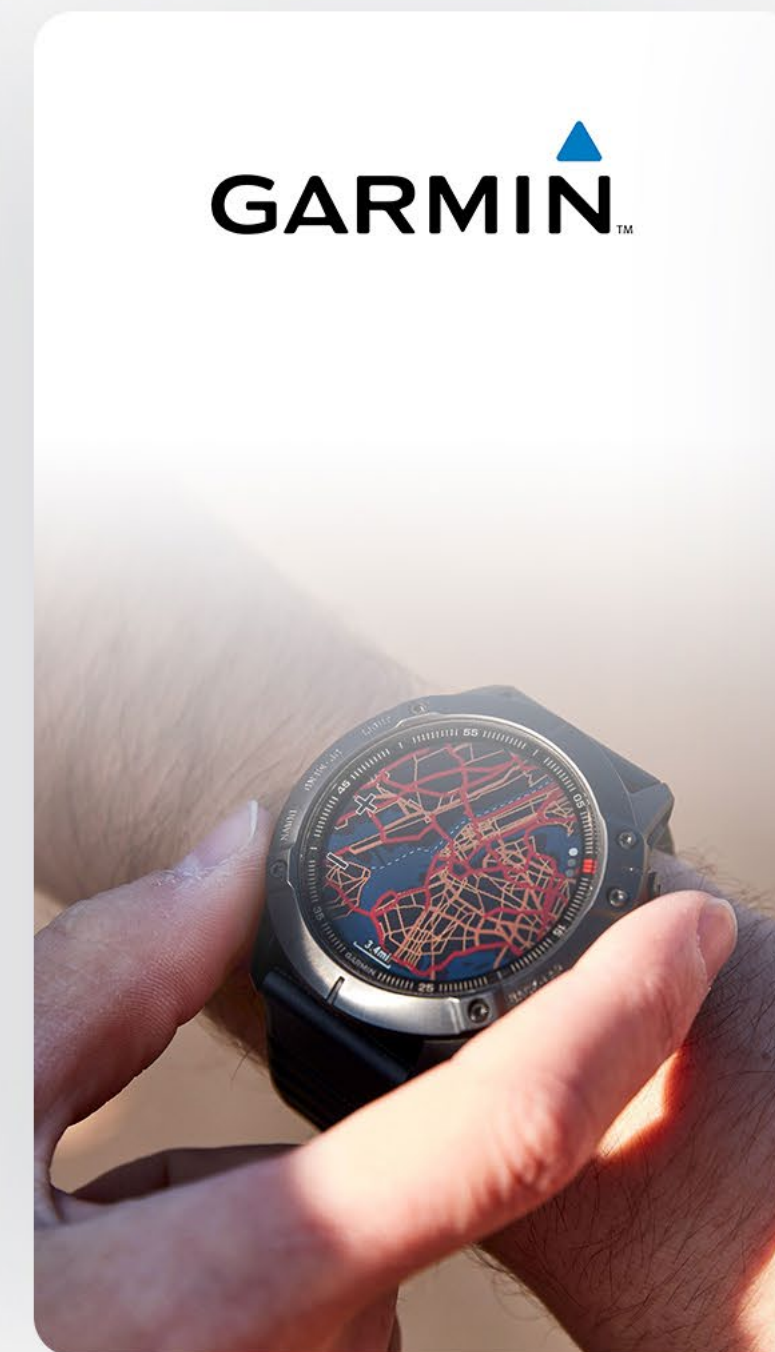
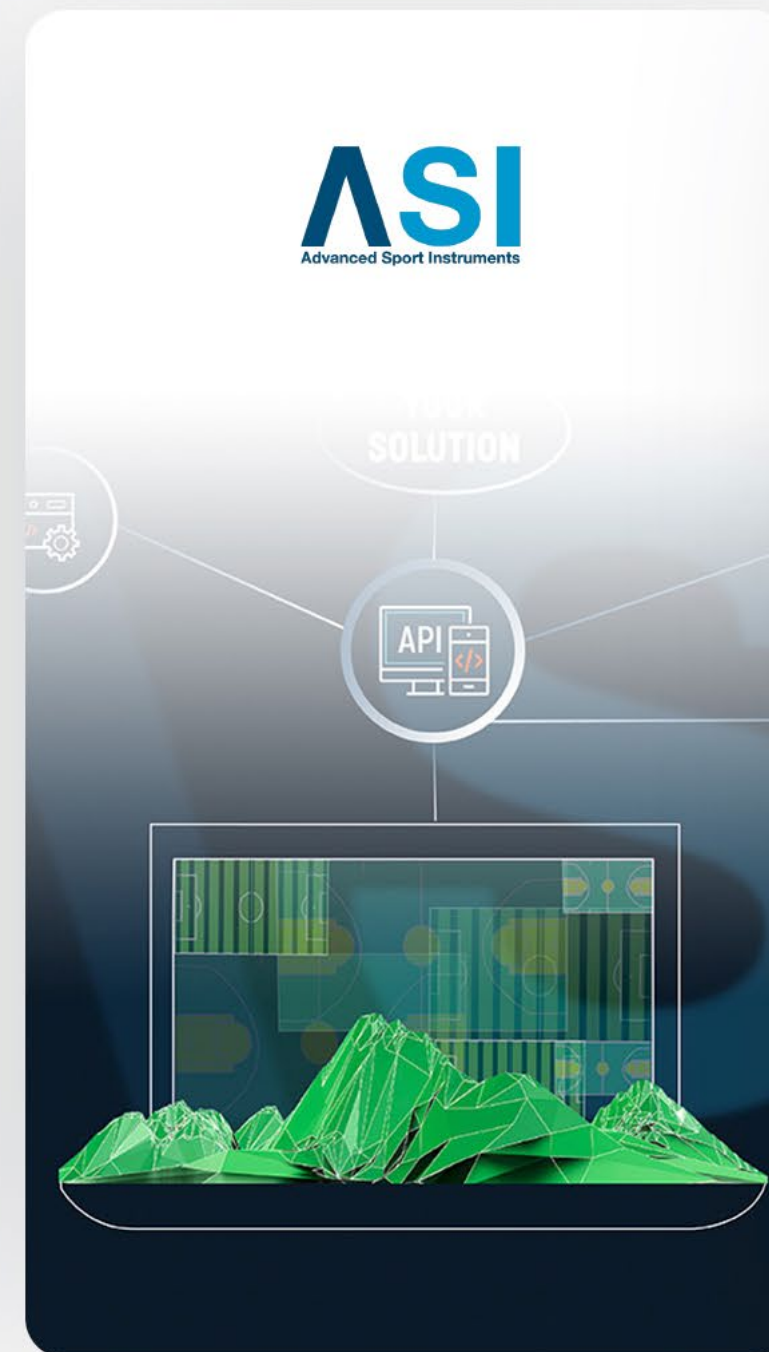
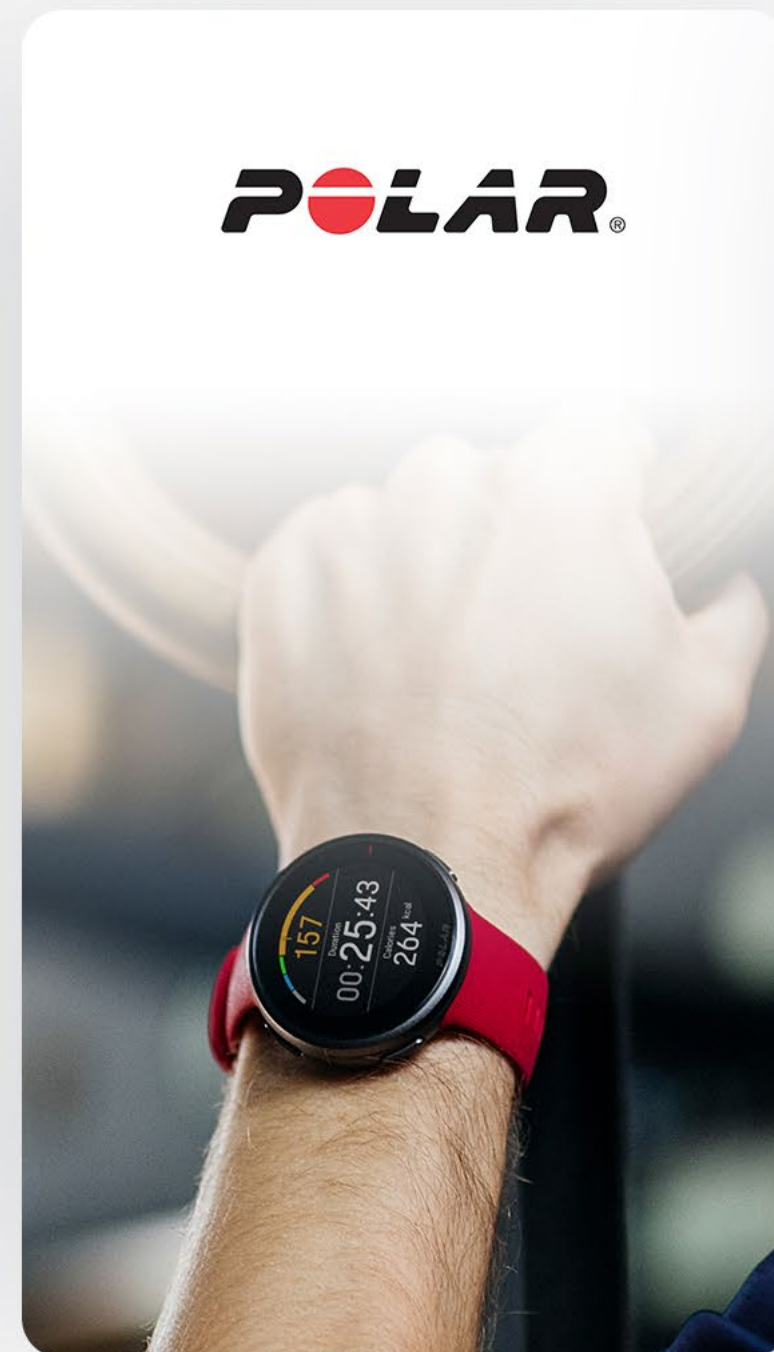
# Injury Management

Report injuries and illnesses, plan treatments and rehabilitation.  
Provide seamless communication between your medical team and coaching staff.



# XPS Integrations


Connect XPS with your favorite wearables and APIs



**XPS** network

**20 integrations  
and counting**

We integrate new  
products every  
month



# XPS Sports Associations

 Czech Football Association	 Danish Football Association	 Austrian Volleyball Association	 Swedish Basketball Association	 Soccer Québec	 Spanish Handball Association	 Czech Floorball	 Faroe Island Football Association
 Czech Basketball Association	 Danish Floorball Association	 Italian Handball Association	 Icelandic Football Association	 Czech Squash Association	 Czech Badminton Association	 Austrian Handball Association	 Israel Handball Association
 Norwegian Football Association	 Icelandic Basketball Association	 Portuguese Handball Association	 Swedish Bandy Association	 Bosnia and Herzegovina Handball Association	 Norwegian Basketball Association	 Danish Handball Association	 England Handball Association
 Bayern Basketball Association	 Swedish Floorball Association	 Swedish Volleyball Federation	 Czech Volleyball Association	 USA Team Handball	 Faroe Handball Association	 Finnish Handball Association	 Swiss Handball Association
 German Handball Association	 Swedish Handball Association	 Norwegian Handball Association	 Icelandic Handball Association	 Icelandic Volleyball Association	 Japan Handball Association	 Russian Handball Federation	 Bahrain Handball Association





XPS network

We are  
worldwide.



33 languages

92 countries



57 sports



2000 clubs



30.000 coaches



120.000 athletes



**John Welch**

Los Angeles Clippers

"You don't go to Basketball Heaven without using XPS Network."



**Karel Poborský**

Czech Football Association

"XPS is a key tool in analysis of the whole working process in our Regional Youth Academy project."



**Kasper Hjulmand**

Denmark Football Team

"XPS allows you to do things your way. As simple or as detailed as you want."



**Boris Balibrea**

Sweden Basketball

"XPS is a perfect tool, with everything that a professional staff needs to manage its own team."

**You are in good  
company.**



**Elísabet Gunnarsdóttir**

Kristianstads DFF

"As soon as you start using XPS it becomes your twin. You get addicted to it."



**Filip Jícha**

THW Kiel

"I spend 80% of my coaching job working with XPS."



**Joonas Naava**

EräViikingit

"We're handling basically everything regarding all our teams in XPS Network."



**Olli-Pekka Yrjänheikki**

Jokerit Helsinki

"XPS helps our coaches evolve and makes my life easier, no other software provides the same."



## Agust Thorkelsson

Founder & CEO Sideline Sports

“We are big believers in keeping it simple. In the power of data in sports, and how much coaches can do with the right information at your fingertips. Our priorities have always been the same: Provide great service, build the best data-driven products in the business, and have fun! For our coaches and sports teams across the world, XPS Network is like a lighthouse - it helps them navigate.”

## What is Sideline Sports?

Founded in 2001, Sideline Sports started with a team of three. Now we are a company with 30 employees, working with over 2,000 clubs and sports teams in 92 countries. We ensure coaches and teams are better organised, benefit from more effective communication, and have access to key coaching data that drives smarter decision-making.

Our main product, XPS Network, has earned the long-term trust of thousands of customers, including some of the world’s largest — and smallest — sports clubs and organizations. We are proud of our success and will continue to raise the bar, creating and providing cutting-edge and easy-to-use software for coaches in every sport, all around the world. Join us on this journey! We feel we are just getting started.

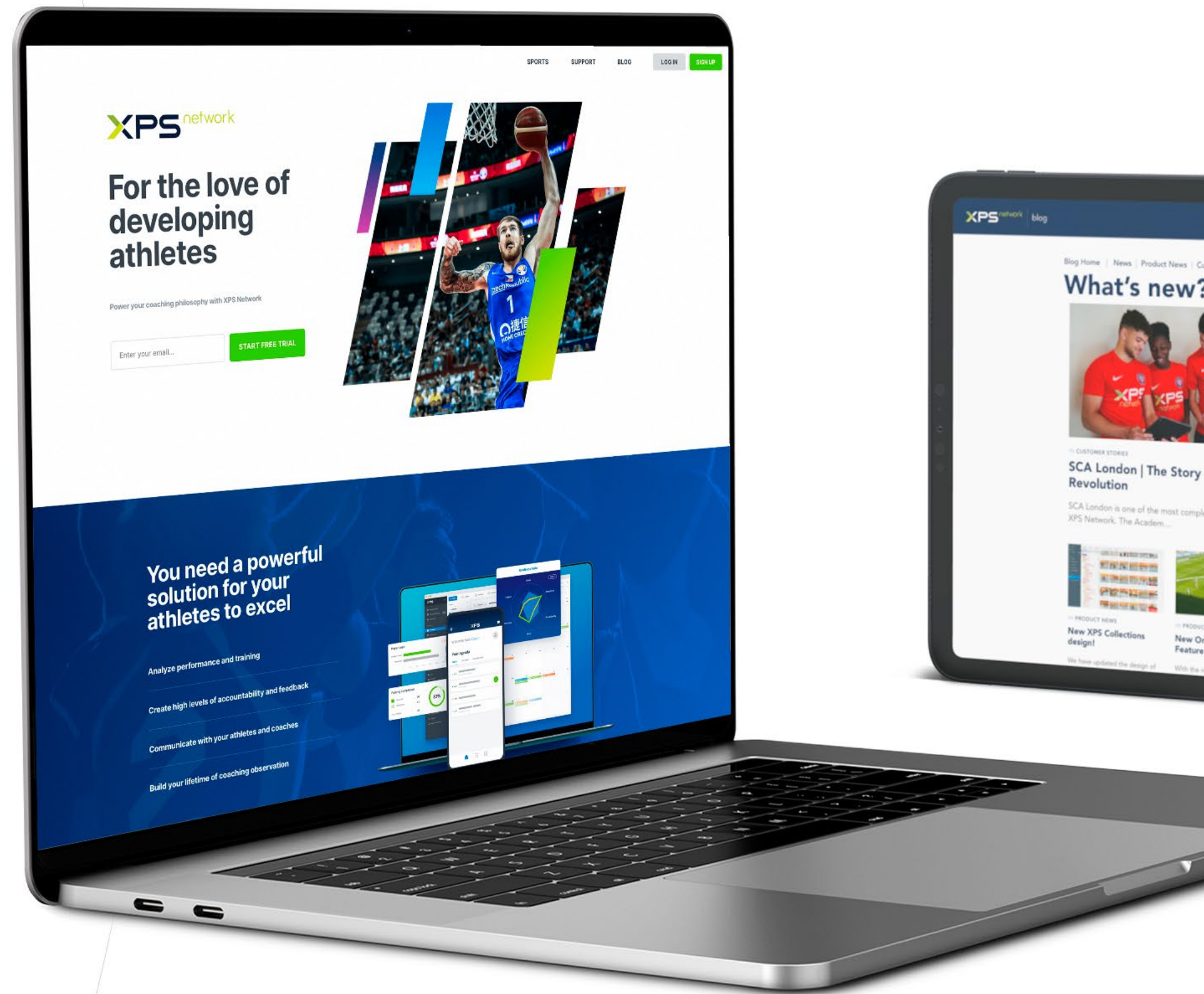


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## Website



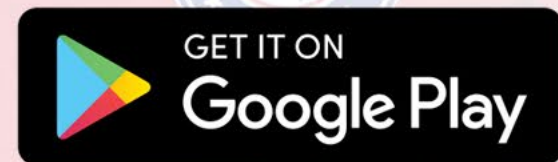
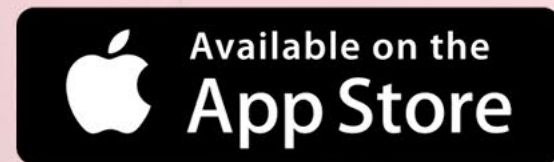
## Blog



## Podcast

XPS network

Always with you.



**XPS** network

Be ahead of your competition.